

COLLEGE DAZE

Making the Transition from High School to College:

Top 5 Most Difficult Tasks at College:

1. Managing time
2. Dealing with stress
3. Making new friends
4. Resolving conflicts
5. Getting good grades



How to get along with your professors:

1. Be on time for class
2. Be alert during class
(no sleeping, doodling, or daydreaming)
3. Don't quibble over minor points
4. Be neat with your assignments
5. Turn work in on time
6. Don't take their critiques personally



SIX Study Tips for College:

1. Don't cram; plan ahead.
2. Pay attention to graphs, figures, and tables as you read.
3. Check work for careless errors before turning it in.
4. When taking notes, focus on key points and write the notes in your own words.
5. For seminars, review notes just before class so you are ready to participate.
6. For lecture classes, review notes after class to help you remember everything.



Source: Gibbs, G. (2000). Campus daze: Easing the transition from high school to college. (7th Ed.). Octameron Associates: Alexandria, VA.